

The LINK

Red Deer
Public Library's
**PROGRAM
GUIDE**
December
2020



Health Café:

Slice of Health Basics

Wednesday, December 9

2 p.m. - 3 p.m.

FACEBOOK LIVE

A one hour slice of this positive, empowering program will inspire you to eat healthy, be active, and aim for a healthy weight.

Positive lifestyle change can help prevent or control conditions such as diabetes, high blood pressure, or high cholesterol and can play a role in decreasing the severity of Covid 19 symptoms.

*Cosponsored by Red Deer
Primary Care Network.*

Presenters: Jonah Saringo (RN & Kinesiologist) and Lynsey Hermany (Kinesiologist & Recreation Therapist)

**Watch for more health programs
in this series coming this winter!**

Travel Memories Discover India!

Wednesday, December 2

2 p.m. - 3:30 p.m.

FACEBOOK LIVE

Hear local guest speakers talk about their travel adventures to colourful India! Contrasts between rich and poor, ancient and modern, rural and urban make this a fascinating destination.

*Recording will also be available on our
YouTube channel at a later date.*

First Thursdays Virtual Concert Series

featuring classical guitarist

Shannon Frizzell

Thursday, December 3

12:15 p.m. – 1 p.m.

YOUTUBE LIVE

Watch the live stream from home
on our YouTube channel or at
www.rdpl.org/programs/live

We're on Social Media!

Find us for programs, library
information, videos, and more!



Fireside Readers

Wednesday, December 9
@ 6:30 p.m.



Book: *Starlight* by Richard Wagamese

This club features member-selected books.

New members welcome! Email pmclaughlin@rdpl.org for the meeting link.

Any Book Book Club

Thursday, December 10
@ 7 p.m.



Share your latest and greatest reads and add to your TBR pile! Join the Facebook group or email cbrown@rdpl.org for the meeting link.

Happy Ever After

Monday, December 14
@ 7 p.m.



Choose your own Christmas Romance to share!

Discuss popular romance novels!

Join the Facebook group or email cbrown@rdpl.org for the meeting link.

ADULT LITERACY PROGRAM

Get one-on-one help with your listening, speaking, reading, & writing skills from a volunteer teacher.



Alla, Carolyn, or Lois: 403-346-2533



Dawe Branch of RDPL (56 Holt Street)

Walk/Run Club

Stay active and healthy with tips on where to find great walking locations in our city and ways to enjoy the outdoors with your family, no matter what the weather brings!

Find and join our group on Facebook!

Book Buzz!

@reddeerpubliclibrary



Tuesdays, Dec. 1 & 15
7 p.m. - 8 p.m.

Join us on Instagram Live for book chats with RDPL staff!

Dear Red Deer Challenges

Read the book *This is Where You Belong: The Art and Science of Loving the Place You Live* by Melody Warnick, participate in challenges, and learn to love our city!

This month's challenge:
Stay Loyal!

Details at www.rdpl.org -->
Programs --> Dear Red Deer

Community

CONVERSATIONS

with

MATT GOULD



CONVERSATION NUMBER TWO: Sweet Charity

TUESDAY, DECEMBER 8
6:30 P.M. - 8 P.M.

Would you be surprised to know...

...poorer people are more trusting, more compassionate, and more giving than their wealthier counterparts, and more economically challenged folks live more 'in the now' while well-to-do people look more to the future and assess the context of their generous acts?

What better time of year to look beyond the tinsel and the glitter of this holiday season, to examine some of the deeper, more thoughtful sides to this festive time of the year? Hosted by artist and educator, Matt Gould, and his puppet friends Charlie Cheese and Chucky Chalk.

Cosponsored by The Friends of the Library and Red Deer Public Library.

Weekly online programs

Adult Yoga (Zoom)

Mondays, 7 p.m. - 8 p.m.

Mindful movement from the comfort of your own home!

Register at abraun@rdpl.org.

Family Fun Storytime (Zoom)

Tuesdays, 10 a.m.

Join Miss Deb and Miss Shannon for stories, rhymes, & activity ideas for you and your toddlers and preschoolers!

Register at programs@rdpl.org

Baby Fun (Zoom)

Thursdays, 10 a.m. - 10:30 a.m.

Rhymes and activity ideas for you and your baby, live on Zoom!

Register at rmccomb@rdpl.org

Sunday Family

FUNDAYS!

Sundays @ 10 a.m.

in our Family Fun Facebook Group

Join us for awesome activity ideas for kids and their grownups: cooking demos, art activities, science experiments, and more!

Can't make it at 10 a.m.?

Don't worry! The activity will remain in the Facebook Group for you to access at any time.

Red Deer Public Library
www.rdpl.org | 403-346-4576
inquiries@rdpl.org

Kits TO GO

Library programs you can take home!

Check out these ready-to-go activity boxes, free to take home!

Some kits correspond with our new online programming!

Pick up kits at any branch after December 1. Supplies are limited.

Sewing/
Knitting 101
Bundles

Spice it Up!
Recipe Kits

Family Fun
Storytime
Kits

Craft Take
Out Boxes



Find the kits, bundles, and backpacks below in our catalogue at www.rdpl.org and place a hold for pick up at the branch of your choice!

Travel
Memories
Bags

Book Club
Kits

Book
Roulette
Bags

Arduino
Kits

Instrument
Kits

Try these fun literacy backpacks

filled with books, activities, songs, materials, and more!

 Nature Fun  Physical Literacy  Reading Pals  Healing

A complete list of our 'Kits to Go' is available at www.rdpl.org/programs/KitsToGo

LIBRARY
HOURS

MONDAY TO
THURSDAY
10 a.m. - 8 p.m.

FRIDAY
12 p.m. - 5 p.m.

SATURDAY
10 a.m. - 3p.m.

SUNDAYS AND
STAT HOLIDAYS
CLOSED

Express Service available at
the Dawe & Timberlands Branches

Self-Serve Holds Pickup available
at the Downtown Branch