

Health Café A Slice of Alberta Happiness Basics

Tuesday, April 13
10 a.m. - 11 a.m.
FACEBOOK LIVE

Improve your well-being using techniques from the Alberta Happiness Basics program. Join Red Deer Primary Care Network professionals Shannon Mallett, Registered Nurse, and Renee Joslin, Mental Health Counsellor. This program is the third in this series cosponsored by Red Deer Primary Care Network.

Community Conversations

with host Matt Gould and guests

CONVERSATION NUMBER FIVE

One for you and one for me...

(rationing as an option to combat the climate crisis)

Tuesday, April 13 - 6:30 p.m. - 8 p.m.
FACEBOOK LIVE

Join the discussion and share your thoughts! Show is posted to RDPL's YouTube channel afterwards.

Cosponsored by The Friends of the Red Deer Public Library.

SCIENCE IN SITU Colour My World!

Thursday, April 22 - 6 p.m. - 7 p.m.
Via Microsoft Teams

Hands-on virtual STEM workshops for ages 7+ on the last Thursday of each month.

Use colour to see water defy gravity, explore rainbows and create a sun catcher. Use chemistry to create new colours. Curious? Join us and explore some colourful science!

Receive a mini science bag and a program link when you register: 403-346-4576 or by email: programs@rdpl.org. Attendance limited to 15 people

Do you miss travelling?
See the world virtually!

Travel Memories

Egypt, land of the Great
Pyramids and Pharaohs

Wednesday, April 7
2 p.m. - 3:30 p.m.
FACEBOOK LIVE

Join award-winning travel writer and photographer Gerry Feehan as he sails up the mighty Nile River, and then visits Abu Simbel, Cairo, and Sharm el Sheikh on the Red Sea.

Do you have memories to share?
Email pmclaughlin@rdpl.org

Kits TO GO

Library programs to take home!

Stop by any branch and ask for these craft and activity kits. *Supplies are limited.*

Button Tree

Craft Kit for for adults

April's Be Creative Sewing 101 kit contains everything needed to make a button tree.

Available April 14.

Make a Terrarium

Craft Kit for all ages

Kit containing all you need to create a glass jar terrarium.

Available April 15

Fairy Houses

Craft Kit for ages 10+

Supplies and instructions to make an adorable Spring Fairy House.

Available April 12.

Jelly Beans!

Craft Kit for all ages

April 22 is National Jelly Bean Day! Celebrate with this craft take home box.

Available April 7.

Be Creative Knitting 101 Kit

April's kit contains materials to knit a fuzzy phone case!

For Adults. Available April 13.

We have other kits too!

Ask for Busy Bags, Family Science Kits, Family Fun Storytime kits and more. Check our website for details. Supplies are limited.

www.rdpl.org/programs/KitsToGo

Check out RDPL
**BACKPACKS
FOR KIDS!**



Reading Fun

Choose from 19 kits such as Crazy Cats, Spooky Stories, Indigenous Perspectives, and Coding. Includes books, crafts activities, and more.

Nature Fun

Explore the great outdoors with backpacks focusing on Forests, Gardening, Hiking, Bugs, or Birds!

Healing Library

These kits help families navigate difficult subjects.

- Separation and Divorce
- Death of a Pet - Death of a Loved One - Alzheimer's

PLAY Physical Literacy

A collection of books, activity cards, and materials for children aged birth to 5 to read and play.

Reading Pals

Bundles for dyslexic readers, visual learners, STEAM, coding and more.

For complete details check www.rdpl.org/programs/KitsToGo/backpacks

Celebrate Poetry Month!



Call the Lit Line in April for a different poem every day! Hear a recorded poem read to you in 5 minutes or less.

403-342-9100

Add poetry to your day, every day in April.

Starting your Investment Journey

Tuesday, April 20
6:30 p.m. - 7:30 p.m.
FACEBOOK Live

Explore the benefits of investing and learn tips to avoid common investing mistakes and fraud.

Presented by James MacTavish, Senior Advisor, Investor & Industry Education, Alberta Securities Commission.

Registration not required.

May We Suggest...?

May We Suggest...? is a service for library members where staff create a personalized reading list with either Adult Fiction, Adult Non-fiction or Children's material suggestions.

How to use the service:

- go to www.rdpl.org
- click on Services
- click on May we Suggest...?
- fill out the form

Staff will contact you when your list is ready.

Young Author CLUB Ages 12+

Mondays, April 12, 26

7 p.m. to 7:45 p.m. via Zoom

Join Shannon for guided writing exercises, collaborative stories, inspiration, and writing fun! Email programs@rdpl.org to register.

Weekly Online Programs

Family Fun Storytime (Zoom)

Tuesdays and Wednesdays, 10 a.m.
Fun for toddlers and preschoolers!

Baby Fun (Zoom)

Thursdays, 10 a.m. - 10:30 a.m.
A special program for babies!

PJ Fun Storytime (Zoom)

Wednesdays, April 14, 28
6:30 p.m. - 7 p.m.

Join us for a relaxing bedtime story!

Register at programs@rdpl.org for the above Zoom programs.

Sunday Family FUNDAY!

Sundays @ 10 a.m.

in our Family Fun Facebook Group

Reading



rdplreadingpals.wordpress.com

Check out the new Reading Pals website for literacy information, resources and printable activities.

Email readingpals@rdpl.org to learn about upcoming programs.

ADULT LITERACY PROGRAM

Reading Circle

(English Language Levels 4-5)

Thursdays

April 8, 15, 22, 29

7 p.m. - 8:30 p.m. Via Zoom

This FREE learning opportunity will focus on building reading comprehension. Participants will read a book in a small group setting and do a variety of activities to help improve reading skills and vocabulary. Call 403-346-2533 or email adultlit@rdpl.org to register.

Limit of 7 participants.

Need help with English?

Get one-on-one assistance with listening, speaking, reading and writing skills from a volunteer teacher. Contact Alla, Carolyn or Lois at 403-346-2533.

Adult Literacy is located in the Dawe Branch at 56 Holt St.

Walk/Run Club

It's important to get out of the house and get fresh air! Stay active and healthy with tips on where to find great walking locations and ways to enjoy the outdoors with your family, no matter the weather!

Join our group on Facebook!

Fireside Readers Book Club

Wednesday, April 21

@ 6:30 p.m.



Book: *How to Change Your Mind*
by Michael Pollan

This club features books selected by members. Register at pmclaughlin@rdpl.org.

Any Book Book Club

Thursday, April 15,

@ 7 p.m.



Share your latest and greatest reads! Join the Facebook group or email cbrown@rdpl.org to register.

Happy Ever After Book Club

Monday, April 26

@ 7 p.m.



Book: *Beyond Scandal and Desire*
by Lorraine Heath

Discuss popular romance novels! Join the Facebook group or email cbrown@rdpl.org to register.

Book Buzz!

Tuesdays, April 6 & 20

@ 7 p.m.



Join us on Instagram Live for book chats with RDPL staff!

FREE Beginner Adult Yoga

Mondays @ 7 p.m. via Zoom

Mindful movement from the comfort of your own home! No flexibility or experience required. Register at abraun@rdpl.org